

Child Care Primer

Sept-Dec 2011

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OCC Regional Office Reorganization

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Due to a variety of factors the Office of Child Care has made the decision to reorganize the Region 12 Frederick County and Region 13 Carroll County Offices. The offices will maintain their current locations* but have been placed under the auspices of two other regional offices.

The Frederick County office is now under the Region 7 - Western Maryland Office and the Carroll County Office is now under the Region 6 - Howard County Office.

The Frederick County Office will be a field office of the Western Maryland Office of Child Care which is located in Washington County with two field offices in Allegany and Garrett Counties. Contact information:

Dolores Harmon, Regional Manager
Western Maryland Office of Child Care
Main Office (Washington County) 6 W. Washington Street, Suite 311
Hagerstown, MD 21741-2945
Main office phone: (301) 791-4585
Main Office e-mail: occ7wash@msde.state.md.us

Frederick County Office of Child Care
5303 Spectrum Drive, Suite G, Frederick, MD 21703
Main office phone: (301) 696-9766 Office fax: (301) 696-0629
Office e-mail: occ12fred@msde.state.md.us

The Carroll County Office will be a field office of the Howard County Office of Child Care which is located in Ellicott City. Contact information:

Louis Valenti, Regional Manager
Howard County Office of Child Care
3300 N. Ridge Road, Suite 190 Ellicott City, MD 21043
Main office phone: (410) 750-8771 Office fax: (410) 750-0324
Office e-mail: occ6how@msde.state.md.us

Carroll County Office of Child Care
1004 Littlestown Pike, Westminster, MD 21157
Main office phone: (410) 751-5438 Office fax: (410) 751-5443
Office e-mail: occ13carr@msde.state.md.us

*Plans are underway to relocate the Carroll County Office.



Remember to share this newsletter and training calendar with other early education professionals!

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CCC Office Hours

Child Care Choices offers resource rooms in Frederick and Westminster. Both locations have a lending library filled with child related materials such as books, videos, magazines and catalogs. The following items are also available for your use at a reasonable cost: laminator, art waxer, die cutter, book binding machine and copier.

Frederick County: 301-662-4549
265 W. Patrick St. Frederick, MD 21701

The Frederick County Resource Room is open **Monday to Thursday from 8:30am to 4:30pm.** In addition, the resource room is also open until 8:00pm every Wednesday.

Carroll County: 410-751-2917
255 Clifton Blvd. Ste. 319 Westminster, MD 21157

The Carroll County Resource Center is open **Monday through Wednesday from 8:30am to 3:30pm.** In addition, the Resource Center is open from 6:00pm to 9:00pm on Mondays; however, if no visitors are present by 8:30pm, the Resource Center will close at 8:30pm. Please call before going to the resource room to make sure staff is available.

Child Care Choices Invoice Policy

Over the years, Child Care Choices has extended the courtesy of invoicing centers and preschools when their staff register for classes or use the resource room. We understand that this benefits programs that must request a check from their corporate or business office. Unfortunately, due to an increasing number of past due invoices and the staff time we are devoting to collections, we must revisit that policy.

Effective September 1, 2011 Child Care Choices will no longer invoice centers and ***payment must be made at the time of registration or when services are rendered.***

When planning for staff registrations there are several things to take into consideration. If staff is credentialed at level two or higher, they may apply for a voucher from Maryland State Department of Education (MSDE) 60 days prior to the workshop. If it is not within the 60 day time frame credentialed staff may apply for reimbursement up to four months after the workshop ends.

Child Care Choices is also committed to publishing our training calendar online as early as possible, often several weeks prior to the printed calendar mail date. This should also help those programs that will need to request a check from their corporate office.

You can access our training calendar at www.childcarechoices.info and the statewide training calendar at www.mdchildcare.org

We apologize for any inconvenience caused by this necessary business decision. If you have any questions, please feel free to contact at 301-662-4549 or pmorison@fcmha.org.

Child Care Choices Contacts

All Child Care Choices staff are happy to assist with your questions. If your issue requires specialized attention we will route your call to the appropriate staff member.

Please call the Frederick Office for all training registrations.



Frederick County Office

(301) 662-4549 or 1-800-753-6841

Inclement Weather ext. 170

Shannon Aleshire x114 saleshire@fcmha.org
Director

Barbara Howard x117 bhoward@fcmha.org
PERKS Coordinator

Deenah Massey x165 dmassey@fcmha.org
PERKS Specialist

Patty Morison x111 pmorison@fcmha.org
Training and Technical Assistance Coordinator

Lin Phelps x113 lphelps@fcmha.org
Infant and Toddler Specialist and Accreditation Specialist

Nicole Wachter x239 nwachter@fcmha.org
Training and Technical Assistance Specialist

Carroll County Office

(410) 751-2917

Nancy Magaña nmagana@fcmha.org
Carroll County Coordinator

Nancy King nking@fcmha.org
PERKS Specialist

Emma Bartow ebartow@fcmha.org
Resource Center Specialist

Resource Phone Numbers

General

Child Care Choices Frederick	301-662-4549 800-753-6841
Child Care Choices Carroll	410-751-2917
MD Medical Assistance Program	800-456-8900
Project ACT	301-695-9505 800-492-3358
Poison Control	800-222-1222

Carroll County

MSDE Office of Child Care	410-751-5438
Child and Adult Care Food Program	410-857-2999 (press 4)
Child Protective Services	410-386-3434
Child Safety Seat Hotline	410-876-4448
Early Childhood Educators Assoc. Jodi McKennie, President	410-833-1155
Family Child Care Association Marcie Vedrani	443-956-0779
Child Care Subsidy Program	410-386-3358
WIC	410-876-4898
Infants and Toddlers/Child Find	410-876-4437

Frederick County

MSDE Office of Child Care	301-696-9766
Child and Adult Care Food Program	301-600-2687
Child Protective Services	301-600-2464
Child Safety Seat Hotline	301-644-4099
Family Child Care Association Cheryl Deener	301-834-8656
Child Care Subsidy Program	301-600-2687
Infants and Toddlers	301-600-2507
Child Find	301-644-5292
WIC	301-600-2507

Child Care Choices Offices and Resource Rooms will be closed on the following dates:

September 5th-Labor Day

**September 7th-MHA Groundbreaking
(closing at 4pm)**

November 24th-Thanksgiving

December 26th-Day after Christmas

Online Child Care Professional Education Center

Our training courses are designed to help early childhood professionals complete annual training requirements and acquire required training hours for those seeking a Child Development Associate (CDA) credential, CDA credential renewal or in-service training.

Our courses provide a variety of engaging topics designed specifically for the early childhood professional and are available 24 hours a day, 365 days a year!

To register for the online training classes please visit:

<http://www.nexportsolutions.com/fccc/>

**If you have any questions concerning our online training offerings please contact
Patty Morison, Child Care Choices Training Coordinator
at 301-662-4549 or pmorison@fcmha.org**

Healthy Families Frederick Wish List

Healthy Families Frederick (HFF) is a program designed to assist new, first time parents. The program nurtures first time parents residing in Frederick County, Maryland by providing quality, strength-based, family-centered services and support as well as access to community resources and agencies to help build stronger families, healthier children and a better community. HFF accepts donations of new or slightly used items to assist in supporting the families receiving our services in Frederick County.



Packages of Diapers
Gates
Strollers
Cribs
Pack 'n Plays
Baby blankets

Infant stimulation toys
Floor puzzles
Educational toys (1year to 5 years)
Children's clothes newborn to 5/6
Children's books
Children's shoes (1year-5years)

We put together a new diaper bag for each new mother and baby.
We would love to have any of the following **NEW** items for those bags.

New Socks (0-6 months)
New Onesies (0-6 months)
New Receiving blankets
New Baby nail clippers
New Bibs
New Baby Wash cloths
Onesie Extenders

New Burp cloths
A and D Ointment
Lotion
Baby bath
Wipes
Diapers
Pacifiers



**If you are interested in donating any of the items listed
please contact Healthy Families Frederick at 301-663-6183.**

Family Child Care Association of Frederick County

Our Association strives to support local, state and national activities. We promote high levels of quality child care, develop and maintain professionalism and to educate providers, parents and the public of child care issues. Our Association meets every third Tuesday of the month from 7:00-9:00 pm at the Winchester Hall, 2nd Floor, Winchester Room located at 12 East Church Street Frederick, MD 21701.

Membership is \$35 per calendar year and includes monthly newsletter, activities, networking, training opportunities, current updates on local, state and national issues. You will also receive membership to the Maryland State Family Child Care Association.

We are in need of volunteers for the following positions: officers (Vice President, Recording Secretary, Corresponding Secretary) and Committees Chairs for Nominating, Events Coordinator and Newsletter Editor.

Come join us! Hope to see you at the next meeting. For further information please contact :
FCCAFC Vice President Cheryl Deener at 301-834-8656 or email at cheryl1kay@aol.com
Visit us online at: www.frederickcountyfamilychildcareassociation.com

Carroll County Family Child Care Association

The Carroll County Family Child Care Association is a group of family child care providers working together to keep up with changing regulations, become a resource for mentoring, provide opportunities for quality trainings, and be another link to the community looking for quality child care. Your annual dues of \$36 membership qualifies you for professional activity units, Membership to the Maryland State Family Child Care Association, a listing on our website, free quality trainings, reduced rate CPR and First-Aid, and the opportunity to meet and network with other professional family child care providers. Look us up on the web at www.carrollcountychildcare.org or contact one of the board members listed below. Join us for our back to business meeting in September and check our training schedule on our website. Meetings and trainings are held on the second Monday of each month from September through June at the Meadow Branch Church of the Brethren in Westminster beginning at 6:45pm. Trainings are two hours.

Board Member Contact Information

VP of Education

Marcie Vedrani 443-956-0779

VP of Public Policy

Lynda Grimes 410-549-0793

Corresponding Secretary

Karen Roberts 410-857-7651

Recording Secretary

Shelley Gill 717-359-9998

Treasurer

Brenda Potash 410-876-7465

Membership

Jennifer Wrightson 410-751-6810

Member At Large

Laura Levy 410-239-8753

Member At Large

Janet Murray 410-848-5469

Maryland Model for School Readiness

We are excited to offer you an extraordinary training opportunity, the Maryland Model for School Readiness. MMSR is a series of trainings originally developed by the Maryland State Department of Education (MSDE) for public school teachers, and adapted by Maryland Committee for Children and MSDE for early childhood educators.

Cost: The total cost for all nine modules including materials is \$350.00. This includes books and workshop materials. If you are participating in the Maryland Child Care Credential you may be eligible for a voucher or reimbursement. Child Care Choices has staff available to help you with this process.

Instructor: Nancy Magana

**Nine Modules: 09/24/2011, 10/22/2011,
11/12/2011, 12/10/2011, 01/14/2012,
02/18/2012, 03/24/2012, 04/21/2012,
05/19/2012
9:00 a.m.— 3:30 p.m.**

Location: 255 Clifton Blvd. Westminster, MD

Call (301) 662-4549 to register!

45-Hour Infant Toddler Course

Child Care Choices (CCC) is offering the MSDE approved **45-Hour Infant/Toddler: Methods and Materials Course**. This course will satisfy half of the 90-hour *pre-service requirement for infants and toddler teachers* working in centers or the 45 clock hours of approved training for *family child care providers caring for more than 2 infant and toddlers*. If you are taking the course to satisfy one of the requirements stated above, you **must attend** every module during the series in order to receive a 45-hour certificate. **You may not miss any classes or make them up at a later date.** If the course is not full, sessions will be also offered as 3-hour stand-alone classes.

Instructor: Terry Falkenberg, CCC Frederick
Dates: Wednesdays 09/07/2011 to 12/14/2011
Time: 6:30-9:30 PM
Location: Child Care Choices- Frederick
263 W. Patrick Street Frederick, MD 21701
Cost: \$250, payable in advance

**To register or get more information,
call 301-662-4549 or 1-800-753-6841**

Looking for classes in addition to this training calendar?

OCC-approved training may also be available through the following agencies. Contact the sponsoring agency for schedule, registration information, and fees.
It is your responsibility to verify that training is OCC-approved.

American Red Cross: First Aid and CPR training	301-845-6173
Frederick County Child and Adult Care Food Program: Food and nutrition	301-631-2698
Carroll County Child and Adult Care Food Program: Food and nutrition	410-857-2999

Local Colleges

Frederick and Carroll County Community Colleges offer many opportunities for professional development either for credit or non-credit. Contact the colleges to learn more about their courses.

Carroll Community College:	410-386-8100
Frederick Community College:	
Credit Courses	301-846-2559
Continued Education Non-Credit	301-846-2423

Other Resource and Referral Centers

APPLES for Children, Inc: (Washington, Allegany and Garrett counties)	301-733-0000
Child Care Links: (Baltimore County)	410-288-4900
Howard County Child Care Resource Center:	410-313-1940
Montgomery County Child Care Resource Center:	240-777-3203

Statewide training search available at www.mdchildcare.org

Child Care Choices September– December 2011

Training Calendar

Workshop Registration Policies



New Workshops

Play Power, Strategies
to Support
Learning through Play

Positive Child Guidance
and Discipline Theory

Social and Emotional
Readiness for
Kindergarteners

Families Are Important

The Window Through
Which We Look

Infant Toddler
Environmental Rating
Scale-Revised (ITERS-R)
Overview

Child Care Choices will mail certificates at the conclusion of each workshop. This will enable instructors to focus on the class objectives. All of our classes include an assessment component to allow participants to earn Core of Knowledge hours. Mailing certificates ensures that the attendee has met the class objectives and gained the knowledge necessary to receive a Core of Knowledge certificate. CCC will offer further assistance to participants who do not meet or exceed the outlined objectives. CCC will mail certificates within five business days.

- **Pre-registration and pre-payment are required for all trainings.** Please use the enclosed form or call us at (301) 662-4549 or 1-800-753-6841. Confirmation and directions to the training site will be mailed if your registration is received at least one week prior to the class. **Returned check fee is \$20.**
- **Registration fees are non-refundable** unless a class is cancelled by Child Care Choices. You must notify us **one business day in advance**, in order to substitute another person, transfer to another workshop or receive credit towards future workshops. **After hours leave a message on extension 170.**
- A class **may be cancelled** if it does not have eight or more participants registered **one week prior** to the starting date.
- For **inclement weather cancellation** information or to leave a training related voice mail after hours, please call Child Care Choices at 301-662-4549 or 1-800-753-6841. When voice mail answers, dial 170.
- You must be present for an **entire workshop** to receive a certificate for the credit hours. **Participants arriving late will not be admitted, nor will they receive a certificate, credit, or refund.**
- You **will not receive credit hours** if you have already taken a Child Care Choices training session of the same title or content with the same instructor.
- Workshops are **designed for adults**—please do not bring children.

**You can register by calling 301-662-4549 or 1-800-753-6841
Monday through Thursday 8:30am-4:30pm
Payment by Visa or Master Card required.**

**You can also mail or fax the enclosed registration form to:
Child Care Choices, 263 West Patrick Street, Frederick, MD 21701
or fax to 301-695-4826**

Child Care Choices training workshops provide MSDE Office of Child Care approved training credits for early education providers. Workshops are also open to parents, teachers, and others who share an interest in children's growth and development. MSDE Office of Child Care Approval Number CKO-30533.

45 Hour Infant and Toddler: Methods and Materials

Class ID: 12TC30PS

This course satisfies half of the 90-hour *pre-service requirement for infants and toddler teachers* working in centers or the 45 clock hours of approved training for *family child care providers caring for more than 2 infant and toddlers*. You **must attend** every module during the series in order to receive a 45-hour certificate. You may not miss any classes or make them up at a later date.

Fee: \$250.00 **Clock Hours:** 45 hours

Day/Time: Every Wed., Sept. 7 to Dec. 14, 6:30 PM-9:30 PM

Location: Child Care Choices Frederick

Audience/Level: All, Intermediate to Advanced

Instructor: Terry Falkenberg

Infant and Toddler Prenatal Development

Class ID: 12TC30

This workshop will explore the complex and wonderful world of prenatal care. Participants will gain insights that will help them better understand how the fetus grows and how to support expectant mothers (and fathers) in your program.

Fee: \$30.00 **Clock Hours:** 3 hours

Day/Time: Wed., Sept. 7, 6:30 PM-9:30 PM

Location: Child Care Choices Frederick

Audience/Level: All, Intermediate to Advanced

Instructor: Terry Falkenberg

Infant and Toddler Growth and Development

Class ID: 12TC31

This workshop walks through the various stages and milestones of infant and toddler growth and development. Review receptive and expressive language skills, behavioral issues, literacy development, and brain growth and development in infants and toddlers.

Fee: \$30.00 **Clock Hours:** 3 hours

Day/Time: Wed., Sept. 14, 6:30 PM-9:30 PM

Location: Child Care Choices Frederick

Audience/Level: All, Intermediate to Advanced

Instructor: Terry Falkenberg

Scientific Thinking Domain

Class ID: 12TC40

Scientific thinking is as important as science content. You will learn strategies for supporting children's scientific thinking and learning. **Please bring a bag lunch.**

Fee: \$40.00 **Clock Hours:** 6 hours (2 Child Development, 1.5 Curriculum, .5 Special Needs, 1 Professionalism, and 1 Community)

Day/Time: Sat., Oct. 1, 9:00 AM-3:30 PM

Location: Calvary Weekday School

Instructor: Laura Suguiyama

Emotions Matter!

Class ID: 12TC51

Children experience many emotions throughout the day. Learn why these emotions, positive and negative, have an impact on their development and learn why it is important to teach children how to handle those emotions.

Fee: \$35.00 incl. materials **Clock Hours:** 3 hours

Day/Time: Thurs., Oct. 13, 6:30 PM-9:30 PM

Location: Child Care Choices Frederick

Audience/Level: All, All

Instructor: Terry Falkenberg

NEW!

Play Power, Strategies to Support Learning through Play

Class ID: 12TC54

Through activities and viewing of the video *Play Power*, adults will better understand the importance of play and their supporting role.

Fee: \$30.00 **Clock Hours:** 3 hours

Day/Time: Mon., Oct. 17, 6:30 PM-9:30 PM

Location: Child Care Choices Frederick

Audience/Level: All, All

Instructor: Laura Suguiyama

NEW!

Positive Child Guidance and Discipline Theory

Class ID: 12TC64

Participants will define, develop and demonstrate strategies for positive child guidance and discipline by examining theory and best practices.

Fee: \$30.00 **Clock Hours:** 3 hours

Day/Time: Tues., Oct. 25, 6:30 PM-9:30 PM

Location: Child Care Choices Frederick

Audience/Level: Intermediate to Advanced

Instructor: Lin Phelps

Family Child Care-Child Development

Class ID: 12TC66SU

This workshop will meet the Office of Child Care start up requirements for family child providers in child development. It covers basic child development concepts.

Fee: \$35.00 **Clock Hours:** 4 hours

Day/Time: Thurs., Oct. 27, 5:30 PM-9:30 PM

Location: Child Care Choices Frederick

Audience/Level: All, Beginner

Instructor: Terry Falkenberg

Maintaining a Peaceful Classroom

Class ID: 12TC70

We will focus on communication and guidance techniques in which two way dialogue motivates positive involvement in the class. Learn specific activities and rituals for creating more peaceful interactions in the classroom.

Fee: \$30.00 **Clock Hours:** 3 hours

Day/Time: Tues., Nov. 1, 6:30 PM-9:30 PM

Location: Child Care Choices Frederick

Audience/Level: All, All

Instructor: Margie Powell

Infant and Toddler SEFEL Mod. 3: Individual Interventions

Class ID: 12TC78

This module will examine the differences between Individualized Interventions and other traditional discipline approaches. Because challenging behavior occurs at all ages and affects a child's social and emotional well being, strategies for understanding the behavior as well as skills for observing and tracking behavior is essential for successful intervention. Specific strategies for prevention of challenging behavior including replacement skills, and appropriate responses for minimizing challenging behaviors in the future.

Fee: \$50.00 **Clock Hours:** 6 hours (3 Child Development, 2 Professionalism and 1 Community)

Day/Time: Tues., Nov. 8 and Nov. 15, 6:30 PM-9:30 PM **Attendance require both days.**

Location: Carroll County Resource Center

Audience/Level: All, All

Instructor: Lin Phelps

Making My Mark

Class ID: 12TC80

Children construct their own knowledge about writing at the same time as they are learning about speaking and writing. Learn how you can support children as they learn to write.

Fee: \$30.00 **Clock Hours:** 3 hours

Day/Time: Wed., Nov. 9, 6:30 PM-9:30 PM

Location: Mt Airy Day Care Center

Audience/Level: All, Intermediate to Advanced

Instructor: Patty Morison

Domain Training: The Arts

Class ID: 12TC82

This 6 hour workshop explores the arts and how you as providers can implement developmentally appropriate activities in your program. **Please bring a bag lunch.**

Fee: \$40.00 **Clock Hours:** 6 hours (2 Child Development, 1.5 Curriculum, .5 Special Needs, 1 Professionalism, 1 Community)

Day/Time: Sat., Nov. 12, 9:00 AM-3:30 PM

Location: Calvary Weekday School

Audience/Level: All, All

Instructor: Laura Suguiyama

Infants and Toddlers: Personal and Social Development

Class ID: 12TC85

Participants will gain an appreciation for the relationship-building that starts in early infancy. This class will also identify positive methods of self-regulation for infants and toddlers.

Fee: \$30.00 **Clock Hours:** 3 hours

Day/Time: Wed., Nov. 16, 6:30 PM-9:30 PM

Location: Child Care Choices Frederick

Audience/Level: All, Intermediate to Advanced

Instructor: Terry Falkenberg

Early Literacy Class ID: 12COMSDE03

Participants will be learn about the connection between language and literacy, stages of language and literacy development, activities appropriate to support/encourage language and literacy development, and indicators of difficulty with early language and literacy.

Fee: \$20.00 **Clock Hours:** 2 hours

Day/Time: Tues., Nov. 15, 7:00 PM-9:00 PM

Location: Frederick County Public Schools

Audience/Level: All, All

Infants and Toddlers: Language Development

Class ID: 12TC89

This class explores the varied ranges of language development in infants and toddlers; how to engage in communication with newborns; what are age appropriate expectations and how we can use this knowledge to build upon what a child is showing us his or her capabilities.

Fee: \$30.00 **Clock Hours:** 3 hours

Day/Time: Wed., Nov. 23, 6:30 PM-9:30 PM

Location: Child Care Choices Frederick

Audience/Level: All, Intermediate to Advanced

Instructor: Terry Falkenberg

Infants and Toddlers: Cognitive Development

Class ID: 12TC91

Take a close look at how infants and toddlers explore the world around them. From mathematical to scientific thinking; infants and toddlers are beginning the foundational learning for these domains. Learn how to plan for individual skill levels within these domains.

Fee: \$30.00 **Clock Hours:** 3 hours

Day/Time: Wed., Nov. 30, 6:30 PM-9:30 PM

Location: Child Care Choices Frederick

Audience/Level: All, Intermediate to Advanced

Instructor: Terry Falkenberg

NEW!

Social and Emotional Readiness for Kindergarteners

Class ID: 12TC92

Learn readiness standards for children entering Kindergarten and how to help them prepare socially and emotionally.

Fee: \$20.00 **Clock Hours:** 2 hours

Day/Time: Wed., Nov. 30, 7:00 PM-9:00 PM

Location: Carroll County Resource Center

Audience/Level: All, All

Instructor: Lynda Gainor

**Need to update your
LOCATE file or Vacancies?**

Call 1-866-752-1614

or visit

[www.mdchildcare.org/mdcfc/
vacancy/signin.html](http://www.mdchildcare.org/mdcfc/vacancy/signin.html)

Culture, Development, and Learning

Class ID: 12TC94

A care giving environment that is in harmony with the home culture provides children with clear messages about who they are. Children acquire this knowledge most easily through the ways in which everyday routines and activities are conducted. Participants will examine specific ways that culture influences development and that child care practices reflect cultural beliefs.

Fee: \$30.00 **Clock Hours:** 3 hours (1.5 Child Development and 1.5 Curriculum)

Day/Time: Mon., Dec. 5, 6:30 PM-9:30 PM

Location: Carroll County Resource Center

Audience/Level: All, All

Instructor: Nancy Magana

Infants and Toddlers: Physical Development

Class ID: 12TC95

Caring for infants and toddlers is most exciting when we observe their dramatic physical development on a daily basis! Come join us as we discover and celebrate the growing infant and toddler as they begin critical tasks such as rolling over, crawling, walking and running around your program!

Fee: \$30.00 **Clock Hours:** 3 hours

Day/Time: Wed., Dec. 7, 6:30 PM-9:30 PM

Location: Child Care Choices Frederick

Audience/Level: All, Intermediate to Advanced

Instructor: Terry Falkenberg

Infants and Toddlers: Problem Solving

Class ID: 12TC100

Infants begin to 'problem solve' from the moment they are born and start looking to their mothers for food and nurturing. We will demonstrate how infants and toddlers use their own observations, investigations and cause-and-effect to problems solve. We will specifically look at ways of creating an environment and incorporating daily routines that support problem solving.

Fee: \$30.00 **Clock Hours:** 3 hours

Day/Time: Wed., Dec. 14, 6:30 PM-9:30 PM

Location: Child Care Choices Frederick

Audience/Level: All, Intermediate to Advanced

Instructor: Terry Falkenberg

Becoming Aware of Cultural Issues**Class ID:** 12TC36

This is a workshop from the Program for Infant/Toddler Care. Children will develop a sense of who they are and what is important within the context of culture. Whether at home or in child care, caregivers play a significant role as transmitters of culture. In this class, participants will think about what culture means and become more aware of their own culture.

Fee: \$30.00 **Clock Hours:** 3 hours**Day/Time:** Mon., Sept. 26, 6:30 PM-9:30 PM**Location:** Child Care Choices Frederick**Audience/Level:** All, All**Instructor:** Lin Phelps**Creating Partnerships with Families****Class ID:** 12TC37

Join us as we highlight key techniques for building strong connections with families, which are linked to a successful program and early education experience.

Fee: \$30.00 **Clock Hours:** 3 hours**Day/Time:** Tues., Sept. 27, 6:30 PM-9:30 PM**Location:** Child Care Choices Frederick**Audience/Level:** All, All**Instructor:** Margie Powell**NEW!****Families Are Important****Class ID:** 12TC45

Learn why families are important and how to engage them so your teachers, children and families are more satisfied and at ease with each other. Develop techniques to use at your center to increase family involvement.

Fee: \$20.00 **Clock Hours:** 2 hours**Day/Time:** Thurs., Oct. 6, 7:00 PM-9:00 PM**Location:** Carroll County Resource Center**Audience/Level:** All, All**Instructor:** Lynda Gainor*Register Early!*

**Classes with low enrollment
may be cancelled so don't
delay and register today!**

Catch Me if You Can: The Art of Great Communication**Class ID:** 12TC48

The foundation of any good relationship in any organization is rooted in the idea that individuals understand the "art of good communication." It is an art that has to be nurtured and developed, and requires that everyone is willing to alter their behavior in order to build strong relationships. This workshop will equip participants with an understanding as well as strategies to improve their communication skills in all of their relationships.

Fee: \$30.00 **Clock Hours:** 3 hours**Day/Time:** Tues., Oct. 11, 6:30 PM-9:30 PM**Location:** Child Care Choices Frederick**Audience/Level:** All, All**Instructor:** Lin Phelps**Creating a Child-Friendly Community Service Learning Project****Class ID:** 12TC55

Learn steps and components of organizing and cultivating successful community service opportunities between children in your care and your community, where life long skills are developed and strong connections are created. Join us as we examine actual projects and their process so you can create meaningful experiences in your early childhood setting.

Fee: \$20.00 **Clock Hours:** 2 hours**Day/Time:** Tues., Oct. 18, 7:00 PM-9:00 PM**Location:** Child Care Choices Frederick**Audience/Level:** All, All**Instructor:** Margie Powell**Cultural Competence****Class ID:** 12TC59

Developing cultural competence results in an ability to understand, communicate with, and effectively interact with people across cultures. This workshop discusses the importance of cultural competence in today's society.

Fee: \$30.00 **Clock Hours:** 3 hours**Day/Time:** Thurs., Oct. 20, 6:30 PM-9:30 PM**Location:** Child Care Choices Frederick**Audience/Level:** All, All**Instructor:** Marvin Brown

Family Child Care-Community**Class ID:** 12TC63SU

This workshop will meet the Office of Child Care start up requirements for family child care providers in community. It will focus on the importance of developing and maintaining relationships with children, families, and the larger community.

Fee: \$35.00 **Clock Hours:** 4 hours**Day/Time:** Tues., Oct. 25, 5:30 PM-9:30 PM**Location:** Carroll County Resource Center**Audience/Level:** All, Beginner**Instructor:** Erin Mullinix**Infants and Toddlers: Community Resources for Infants****Class ID:** 12TC79

There are many wonderful resources for providers to utilize when working with infant and toddler families. Learn new innovative ways to tap into the resources available in your community. Find creative ways of sharing this information with families and applying this wealth of information to your programs.

Fee: \$30.00 **Clock Hours:** 3 hours (2 Community, 1 Professionalism)**Day/Time:** Wed., Nov. 9, 6:30 PM-9:30 PM**Location:** Child Care Choices Frederick**Audience/Level:** All, Intermediate to Advanced**Instructor:** Terry Falkenberg**What is DAP? Applying Developmentally Appropriate Practice Everyday****Class ID:** 12TC35

Everyone is talking about DAP-what exactly does that mean? Learn about developmentally appropriate practice and how you will apply it in your programs each day. Workshop will discuss DAP guidelines in child care centers and family programs **working with mixed age groups.**

Fee: \$35.00 **Clock Hours:** 3 hours**Day/Time:** Thurs., Sept. 22, 6:30 PM-9:30 PM**Location:** Carroll County Resource Center**Audience/Level:** All, All**Instructor:** Erin Mullinix**Infant and Toddler: Environments and Routines****Class ID:** 12TC34

Participants will explore ways to plan for the infants and toddlers in their programs. Discussion will center around planning appropriate routines and activities that capitalize on individualized needs and skills and interests of each child.

Fee: \$30.00 **Clock Hours:** 3 hours (2 Curriculum and 1 Child Development)**Day/Time:** Wed., Sept. 21, 6:30 PM-9:30 PM**Location:** Child Care Choices Frederick**Audience/Level:** All, Intermediate to Advanced**Instructor:** Terry Falkenberg

Understanding, Preventing, and Responding Effectively to Children's Challenging Behavior Conference

This unique conference opportunity will feature Barbara Kaiser, an internationally known co-author of Challenging Behavior in Young Children. Ms. Kaiser will facilitate the day long conference with child care providers, speech pathologists, occupational therapists, physical therapists and preschool teachers networking at tables in small groups throughout the day. **Breakfast and registration begin at 8:30am and lunch is also included.** (Class ID: 12CO IT)

MSDE Approval # CWO-4688

Fee: \$35.00 **Clock Hours:** 6 hours (4 Child Development, 1 Professionalism, 1 Community)**Day/Time:** Sat., Sept. 17, 8:30 AM-4:00 PM**Location:** Frederick Community College**Instructor:** Barbara Kaiser

Call Child Care Choices at (301) 662-4549 to register, limited space available!

Coloring Outside the Lines**Class ID:** 12TC44

Learn how to provide open ended art activities to engage children and encourage self-expression. Use of a variety of materials will be demonstrated to extend art across the curriculum.

Fee: \$25.00 **Clock Hours:** 2 hours**Day/Time:** Wed., Oct. 5, 7:00 PM-9:00 PM**Location:** Mt Airy Day Care Center**Audience/Level:** All, All**Instructor:** Nicole (Wachter) Pierre**Diversión con Matemáticas en el Área de Bloques****Class ID:** 12TC67

Ven y aprende oportunidades creativas que estimulan el Razonamiento Matemático en tus niños mientras juegan en el Área de Bloques.

Fee: \$30.00 **Clock Hours:** 3 hours**Day/Time:** Thurs., Oct. 27, 6:30 PM-9:30 PM**Location:** Carroll County Resource Center**Audience/Level:** All, All**Instructor:** Emma Bartow**Reacquainting Our Children with the Great Outdoors****Class ID:** 12TC72

Children have a basic need to establish a deep emotional bond to the natural world. Using nature as a tool for learning, children will begin to internalize not only a strong sense of self, and a compassion and empathy for others, but will begin to develop a respect and understanding of our interdependence with the earth and its resources.

Fee: \$35.00 incl. materials**Clock Hours:** 3 hours**Day/Time:** Wed., Nov. 2, 6:30 PM-9:30 PM**Location:** Carroll County Resource Center**Audience/Level:** All, All**Instructor:** Lin Phelps**NEW!****Healthy Beginnings****Class ID:** 12TC74

Healthy Beginnings: Supporting Development and Learning from Birth through Three Years of Age are guidelines intended for use by anyone interacting with infants and young children. This workshop will provide participants with a foundation for understanding Healthy Beginnings as a child development tool. Participants will examine environment, planning, assessment, and working with families. **Please bring a bag lunch.**

Fee: \$100.00 **Clock Hours:** 12 hours (4.5 Curriculum, 3 Community, 1.5 Professionalism, 2 Child Development, 1 Special Needs)

Day/Time: Sat., Nov. 5 and Sat., Nov. 12, 9:00 AM-3:30 PM **Attendance required both days.**

Location: Child Care Choices Frederick**Audience/Level:** All, Beginner to Intermediate**Instructor:** Nicole (Wachter) Pierre**Family Child Care-Curriculum****Class ID:** 12TC76SU

This workshop will meet the Office of Child Care start up requirements for family child providers in curriculum. Learn how to create a developmentally appropriate family child care curriculum.

Fee: \$35.00 **Clock Hours:** 4 hours**Day/Time:** Mon., Nov. 7, 5:30 PM-9:30 PM**Location:** Child Care Choices Frederick**Audience/Level:** Family Child Care Providers, Beginner**Instructor:** Nicole (Wachter) Pierre**NEW!****The Window Through Which We Look****Class ID:** 12TC84

Participants will observe and discuss portions of *Classroom Moments* DVD. Observation skills and appropriate and inappropriate methods of classroom management will be investigated in addition.

Fee: \$30.00 **Clock Hours:** 3 hours**Day/Time:** Tues., Nov. 15, 6:30 PM-9:30 PM**Location:** Child Care Choices Frederick**Audience/Level:** All, All**Instructor:** Louisa Potts**NEW!****Online Training**

Our courses offer a variety of engaging topics designed for the early childhood professional and are available 24 hours a day, 365 days a year!

<http://www.nexportsolutions.com/fccc/>

Smooth Transitions

Class ID: 12TC90

Transitions throughout the day can create a smooth or chaotic atmosphere and impact the behavior and communication among children and adults. Techniques, which ease morning goodbyes, encourage cooperation at activity changes, eliminate waiting, and make cleanup times smoother, will be addressed.

Fee: \$20.00 **Clock Hours:** 2 hours

Day/Time: Tues., Nov. 29, 7:00 PM-9:00 PM

Location: Child Care Choices Frederick

Audience/Level: All, All

Instructor: Margie Powell

Building a Cooperative Classroom

Class ID: 12TC97

We'll look at how we impact the emotional environment, guide children's choices and behavior, and how we can facilitate cooperation.

Fee: \$30.00 **Clock Hours:** 3 hours

Day/Time: Thurs., Dec. 8, 6:30 PM-9:30 PM

Location: Child Care Choices Frederick

Audience/Level: All, All

Instructor: Margie Powell

Working with Mixed Age Groups

Class ID: 12TC96

On a typical day do you find it challenging to meet the needs of the different age groups you are caring for? We will discuss the challenges and ways to overcome them as well as the unique benefits of mixed age groups.

Fee: \$30.00 **Clock Hours:** 3 hours

Day/Time: Tues., Dec. 6, 6:30 PM-9:30 PM

Location: Child Care Choices Frederick

Audience/Level: All, All

Instructor: Patty Morison

Infants and Toddlers: Nutrition

Class ID: 12TC43

Learning the importance of creating healthy eating habits very early is critical to healthy nutritional development as well as the overall development of a child. Participants will gain tips to communicate with parents about Infant and Toddler nutrition and have fun with healthy cooking projects. We will review how poor nutrition contributes to a number of chronic conditions; how to expose children (and parents) to healthy choices when it comes to food; allergies and precautions for parents and children; and how to handle "don't like" foods.

Fee: \$30.00 **Clock Hours:** 3 hours

Day/Time: Wed., Oct. 5, 6:30 PM-9:30 PM

Location: Child Care Choices Frederick

Audience/Level: All, All Intermediate to Advanced

Instructor: Terry Falkenberg

Infants and Toddlers: Health

Class ID: 12TC49

Participants will gain insights into most current health issues for infants and toddlers. This class will explore varied areas of health, such as common illnesses, communicable diseases and required vaccinations for children in child care programs.

Fee: \$30.00 **Clock Hours:** 3 hours

Day/Time: Wed., Oct. 12, 6:30 PM-9:30 PM

Location: Child Care Choices Frederick

Audience/Level: All, Intermediate to Advanced

Instructor: Terry Falkenberg

NEW!

Bloodborne Pathogens

Class ID: 12TC50

This class will discuss blood borne pathogens and how to keep yourself and those in your care safe.

Fee: \$20.00 **Clock Hours:** 2 hours

Day/Time: Wed., Oct. 12, 7:00 PM-9:00 PM

Location: Carroll County Resource Center

Audience/Level: All, All

Instructor: HealthLink, LLC

Take note!

Child Care Choices will close at 4pm on September 7th!

so that the CCC Staff can attend the groundbreaking ceremony for the new home of the Mental Health Association of Frederick County

Health Safety and Nutrition

Infants and Toddlers: Safety

Class ID: 12TC57

This class will demonstrate what is necessary in child care programs for infants and toddlers to feel safe and secure. We will discuss concrete ways to ensure your program offers many choices that are all safe for newborns as well as toddlers on the go.

Fee: \$30.00 **Clock Hours:** 3 hours

Day/Time: Wed., Oct. 19, 6:30 PM-9:30 PM

Location: Child Care Choices Frederick

Audience/Level: All, Intermediate to Advanced

Instructor: Terry Falkenberg

Eco Healthy Child Care

Class ID: 12TC58

This course will discuss research supporting the need to reduce young children's exposure to toxins found in everyday lawn and cleaning products to help prevent illnesses and disabilities. Participants will learn how to create an environmentally healthy setting for children.

Fee: \$30.00 **Clock Hours:** 3 hours

Day/Time: Wed., Oct. 19, 6:30 PM-9:30 PM

Location: Carroll County Resource Center

Audience/Level: All, All

Instructor: Lisa McCourry

Emergency and Disaster Preparedness

Class ID: 12TC61

This six hour workshop meets the OCC requirements for Emergency Preparedness training. Participants will complete an approved emergency preparedness plan in the workshop.

Please bring a bag lunch.

Fee: \$45.00 **Clock Hours:** 6 hours

Day/Time: Sat., Oct. 22, 9:00 AM-3:30 PM

Location: Child Care Choices Frederick

Audience/Level: All, All

Instructor: Marvin Brown

Health Safety and Nutrition

Medication Administration

Class ID: 12TC68

This MSDE, OCC approved workshop teaches child care providers to safely administer medications, properly store them and accurately complete record keeping. **Bring a bag lunch.**

Fee: \$60.00 **Clock Hours:** 6 hours (4 Health, Safety and Nutrition, 2 Professionalism)

Day/Time: Sat., Oct. 29, 9:00 AM-4:00 PM

Location: Child Care Choices Frederick

Audience/Level: All, All

Instructor: HealthLink, LLC

Controlling the Spread of Infections

Class ID: 12TC73

Learn how to control the spread of infections in your child care environment. Includes discussion of the new resistant staph infections.

Fee: \$20.00 **Clock Hours:** 2 hours

Day/Time: Thurs., Nov. 3, 7:00 PM-9:00 PM

Location: Child Care Choices Frederick

Audience/Level: All, All

Instructor: HealthLink, LLC

Medication Administration

Class ID: 12TC75

This MSDE, OCC approved workshop teaches child care providers to safely administer medications, properly store them and accurately complete record keeping. **Bring a bag lunch.**

Fee: \$60.00 **Clock Hours:** 6 hours (4 Health, Safety and Nutrition, 2 Professionalism)

Day/Time: Sat., Nov. 5, 9:00 AM-4:00 PM

Location: Carroll County Resource Center

Audience/Level: All, All

Instructor: HealthLink, LLC



PLEASE NOTE!

Participants in the 6-hour Medication Administration workshop **must pass** a five question math and five question reading test that will be given at the beginning of the workshop.

Participants must also pass a 20 question test at the end of the workshop to receive their certificate.

Family Child Care-Health, Safety and Nutrition Class ID: 12TC81SU

This workshop will meet the Office of Child Care start up requirement for family child care providers in health, safety and nutrition. Specific focus will be components of emergency preparedness, menu planning, and the health and safety of young children.

Fee: \$35.00 **Clock Hours:** 4 hours
Day/Time: Thurs., Nov. 10, 5:30 PM-9:30 PM
Location: Carroll County Resource Center
Audience/Level: All, Beginner
Instructor: Erin Mullinix

Managing Seizures and Seizure First Aid

Class ID: 12TC93

Do you know what to do if a child in your care has a seizure? Participants will learn how to deal with children in their care who may be prone to seizures as well as what to do when a child has one.

Fee: \$20.00 **Clock Hours:** 2 hours
Day/Time: Thurs., Dec. 1, 7:00 PM-9:00 PM
Location: Child Care Choices Frederick
Audience/Level: All, All
Instructor: HealthLink, LLC

Inclement Weather Policy



**For inclement weather
cancellation
information, call
Child Care Choices at:
301-662-4549 or
1-800-753-6841
If voice mail answers,
dial extension 170**

Foundations for Working with Children in Child Care Centers

Class ID: 12TC38

Orientation for child care staff working in centers is essential for building a foundation that emphasizes supervision, professionalism, and best practices for working with children and families. Completion of this workshop will meet the 3 hour training requirement for Aide Orientation.

Fee: \$30.00 **Clock Hours:** 3 hours
Day/Time: Tues., Sept. 27, 6:30 PM-9:30 PM
Location: Carroll County Resource Center
Audience/Level: Center Staff, Beginner
Instructor: Nancy Magana

Infant and Toddler: Working with Families

Class ID: 12TC39

Come and gain insights that will help you better understand the unique needs of 'infant/toddler parents'. We will cover: developmental needs of parents (first time parents vs. experienced parents); effective ways to get parents involved in your program; how to sensitively share developmental milestones with parents; understanding different parenting styles, and helping children and parents cope with changes and transitions.

Fee: \$30.00 **Clock Hours:** 3 hours (2 Professionalism and 1 Community)
Day/Time: Wed., Sept. 28, 6:30 PM-9:30 PM
Location: Child Care Choices Frederick
Audience/Level: All, Intermediate to Advanced
Instructor: Terry Falkenberg

MSDE Accreditation Orientation

Class ID: 12COMSDE01

This is the required orientation class for **center based programs** wishing to go through process of MSDE accreditation. Staff may register for this workshop **if** accompanying director as part of accreditation team.

Fee: \$10.00 **Clock Hours:** 2 hours
Day/Time: Thurs., Sept. 29, 7:00 PM-9:00 PM
Location: Child Care Choices Frederick
Audience/Level: Center Directors, Intermediate
Instructor: Lin Phelps

Family Child Care: Effective Contracts and Policies

Class ID: 12TC41

Ideas for writing and/or modifying your child care contract and parent handbook. Learn how to establish yourself as a business professional and protect yourself from costly misunderstandings with parents. Workshop includes sample contracts, group practice in evaluating and rewriting policies, and role-play of potential parent/provider situations.

Fee: \$50.00 includes book with CD

Clock Hours: 3 hours

Day/Time: Mon., Oct. 3, 6:30 PM-9:30 PM

Location: Carroll County Resource Center

Audience/Level: Family Child Care Providers, Beginner to Intermediate

Instructor: Marcie Vedrani

The Maryland Child Care Credential-What Does It Mean For Me?

Class ID: 12TC56

Learn just what this voluntary program means for you as a child care professional and how you can get bonuses and paid training.

Fee: \$20.00 **Clock Hours:** 2 hours

Day/Time: Tues., Oct. 18, 7:00 PM-9:00 PM

Location: Carroll County Resource Center

Audience/Level: All, All

Instructor: Patty Morison

Developing the Leader Within

Class ID: 12TC60

Traditionally, people tend to view true leadership as something that belongs to great people, not as something they can achieve themselves as educators of children. This workshop will help participants examine their own roles as teachers/directors in the leadership process.

Fee: \$30.00 **Clock Hours:** 3 hours

Day/Time: Thurs., Oct. 20, 6:30 PM-9:30 PM

Location: Carroll County Resource Center

Audience/Level: All, Intermediate

Instructor: Lin Phelps

Family Child Care-Professionalism

Class ID: 12TC69SU

This workshop will meet the Office of Child Care start up requirements for family child providers in professionalism. Learn the importance of specific concepts and practices that may lay the foundation for a successful program, including record keeping, marketing, policies and supervision.

Fee: \$35.00 **Clock Hours:** 4 hours

Day/Time: Tues., Nov. 1, 5:30 PM-9:30 PM

Location: Carroll County Resource Center

Audience/Level: Family Child Care Providers, Beginner

Instructor: Erin Mullinix

Infants and Toddlers: Assessment and Screening

Class ID: 12TC71

Participants will leave this class with information that will help them understand the reasons for assessment as well as screening of infants and toddlers and how to appropriately apply this knowledge in their programs.

Fee: \$30.00 **Clock Hours:** 3 hours (2

Professionalism and 1 Child Development)

Day/Time: Wed., Nov. 2, 6:30 PM-9:30 PM

Location: Child Care Choices Frederick

Audience/Level: All, Intermediate to Advanced

Instructor: Terry Falkenberg

NEW!

Infant Toddler Environmental Rating Scale-Revised (ITERS-R)

Overview

Class ID: 12TC77

The quality of early childhood programs is important because it affects the social, emotional and intellectual well being of children not only while they are attending the program but for a long time afterward. Providers will learn about the four environmental rating scales and what they measure in early childhood programs, with emphasis on the Infants and Toddlers Environmental Rating Scales.

Fee: \$50.00 incl. book **Clock Hours:** 3 hours

Day/Time: Tues., Nov. 8, 6:30 PM-9:30 PM

Location: Child Care Choices Frederick

Audience/Level: All, All

Instructor: Patty Morison

Professionalism in Child Care

Class ID: 12TC83

What does professionalism mean in child care today? This workshop will define that and more for both family and center providers. This class will also focus on family providers in their first year and professional practices that will enhance a providers business and/or provide a better understanding of what professional practices are and how they set the foundation for a successful child care program.

Fee: \$30.00 **Clock Hours:** 3 hours

Day/Time: Mon., Nov. 14, 6:30 PM-9:30 PM

Location: Child Care Choices Frederick

Audience/Level: All, All

Instructor: Marvin Brown

MSDE Accreditation Orientation

Class ID: 12COMSDE02

This is the required orientation class for **center based programs** wishing to go through process of MSDE accreditation. Staff may register for this workshop **if** accompanying director as part of accreditation team.

Fee: \$10.00 **Clock Hours:** 2 hours

Day/Time: Thurs., Dec. 1, 7:00 PM-9:00 PM

Location: Carroll County Resource Center

Audience/Level: Center Directors, Intermediate

Instructor: Nancy Magana

NEW!

Understanding Autism in the Preschool Program

Class ID: 12TC42

This workshop provides an overview of Autism Spectrum Disorders (ASD) and helps participants understand the complexities of working with children with ASD. Learn about the current research and evidence based practice models for working with children in the classroom. Key elements to designing an appropriate classroom environment will be addressed.

Fee: \$30.00 **Clock Hours:** 3 hours

Day/Time: Tues., Oct. 4, 6:30 PM-9:30 PM

Location: Child Care Choices Frederick

Audience/Level: All, All

Instructor: Kellie Gearinger-Brown

Understanding ADHD/ ADD

Class ID: 12TC62

ADHD/ADD is one common diagnosis is given for a disorder that has many behaviors. Dealing with ADHD/ADD can be frustrating for all. We will discuss symptoms, how it's diagnosed and strategies that work with children.

Fee: \$20.00 **Clock Hours:** 2 hours

Day/Time: Mon., Oct. 24, 7:00-9:00 PM

Location: Child Care Choices Frederick

Audience/Level: All, All

Instructor: Nicole (Wachter) Pierre

Infants and Toddlers: Overview of Special Needs

Class ID: 12TC65

This class will help providers identify infant and toddler special needs. Participants will gain information on areas of special needs such as food allergies; environmental allergies as well as diagnosed disabilities and resources to assist providers in caring for these children. **2 hours Special Needs and 1 hour Child Development**

Fee: \$30.00 **Clock Hours:** 3 hours

Day/Time: Wed., Oct. 26, 6:30 PM-9:30 PM

Location: Child Care Choices Frederick

Audience/Level: All, Intermediate to Advanced

Instructor: Terry Falkenberg

Family Child Care-Special Needs

Class ID: 12TC86SU

This workshop will meet the Office of Child Care pre-service requirements for family child care providers in special needs. It will include basic information surrounding inclusive child care settings, the ADA and health, behavioral and developmental issues.

Fee: \$35.00 **Clock Hours:** 4 hours

Day/Time: Thurs., Nov. 17, 5:30 PM-9:30 PM

Location: Child Care Choices Frederick

Audience/Level: All, Beginner

Instructor: Terry Falkenberg

CPR and First Aid classes are also held at Carroll Community College Please see their website or call them for more information: 410-386-8100

www.carrollcc.edu

National Safety Council Basic First Aid

Class ID: 12TC32

This course is appropriate for all child care providers who need to learn or review basic first aid. Three-year course completion cards are included in this user friendly instruction, which satisfies all child care requirements.

Fee: \$40.00 **Clock Hours:** 3 hours

Day/Time: Sat., Sept. 17, 9:00 AM-12:00 PM

Location: Child Care Choices Frederick

Audience/Level: All, All

Instructor: HealthLink, LLC

National Safety Council Infant/Child/Adult CPR

Class ID: 12TC33

The National Safety Council CPR Program includes Adult, Infant, Child CPR, and choking procedures. Satisfies all state and federal requirements.

Fee: \$40.00 **Clock Hours:** 3 hours

Day/Time: Sat., Sept. 17, 12:30 PM-3:30 PM

Location: Child Care Choices Frederick

Audience/Level: All, All

Instructor: HealthLink, LLC

National Safety Council Basic First Aid

Class ID: 12TC46

Fee: \$40.00 **Clock Hours:** 3 hours

Day/Time: Sat., Oct. 8, 9:00 AM-12:00 PM

Location: Carroll County Resource Center

National Safety Council Infant/Child/Adult CPR

Class ID: 12TC47

Fee: \$40.00 **Clock Hours:** 3 hours

Day/Time: Sat., Oct. 8, 12:30 PM-3:30 PM

Location: Carroll County Resource Center

National Safety Council Basic First Aid

Class ID: 12TC52

Fee: \$40.00 **Clock Hours:** 3 hours

Day/Time: Sat., Oct. 15, 9:00 AM-12:00 PM

Location: Child Care Choices Frederick

National Safety Council Infant/Child/Adult CPR

Class ID: 12TC53

Fee: \$40.00 **Clock Hours:** 3 hours

Day/Time: Sat., Oct. 15, 12:30 PM-3:30 PM

Location: Child Care Choices Frederick

National Safety Council Basic First Aid

Class ID: 12TC87

Fee: \$40.00 **Clock Hours:** 3 hours

Day/Time: Sat., Nov. 19, 9:00 AM-12:00 PM

Location: Child Care Choices Frederick

National Safety Council Infant/Child/Adult CPR

Class ID: 12TC88

Fee: \$40.00 **Clock Hours:** 3 hours

Day/Time: Sat., Nov. 19, 12:30 PM-3:30 PM

Location: Child Care Choices Frederick

National Safety Council Infant/Child/Adult CPR

Class ID: 12TC99

Fee: \$40.00 **Clock Hours:** 3 hours

Day/Time: Sat., Dec. 10, 12:30 PM-3:30 PM

Location: Child Care Choices Frederick

National Safety Council Basic First Aid

Class ID: 12TC98

Fee: \$40.00 **Clock Hours:** 3 hours

Day/Time: Sat., Dec. 10, 9:00 AM-12:00 PM

Location: Child Care Choices Frederick

Healthy Beginnings Books Have Arrived!!

You've been hearing the buzz about Maryland Healthy Beginnings for children birth through 3 years and now is your chance to have a copy. These guidelines can be used as a reference and resource for planning activities and for sharing information with parents. You can receive a copy by calling Child Care Choices to set up a visit with one of our technical assistance specialists. We will bring a copy of Healthy Beginnings for you to keep and provide you with an overview of the resource and suggestions for implementing in your program.

Frederick (301) 662-4549

Carroll (410) 751-2917

Carroll County Library Sponsored Trainings

Mother Goose Meets Mother Nature Training

When: Saturdays, October 15 and 29, 2011 from 9 am – 1 pm

What: Join us for this free training program where you will attend a two- part workshop on 10/15/2011 and 10/29/2011 for a total of 8 credit hours. Learn how to use great children's books and hands-on activities to promote the development of important age appropriate skills in the children in your care, including critical thinking, interpersonal and literacy skills by reading about and exploring their environment.

You will receive a free take-home kit of books and activity guide, conduct activities with your children between the workshops, then share the results of your activities with your colleagues on 10/29. To be eligible, a commitment to attending both workshops along with conducting the activities between the workshops is required. Morning coffee and refreshments will be served.

For Whom: 24 home child care providers and child care center staff who **serve Carroll County**

Where: Westminster Branch Library- 50 East Main Street, Westminster, MD 21157

Parking: *Since the library's parking lot has limited space, we ask that you park in one of the free (on Saturdays) city lots or free parking garages.* Free lots/garages on Saturday that are within a few minutes walk to the library include: Westminster Square garage, Gehr lot, Sentinel lot, Diffendal lot, Sherwood lot, Longwell parking garage and lot.
www.westminstermd.gov/mainstreet/downtown_parking_map.pdf

***For more information and to register, please call Peg Pond, 410-386-4450, x7731
Space is limited!***

Early Literacy—Part I (Parents and Early Childhood Professionals)



- How can I help with my child's early literacy development during the years birth through age five?
- What can I do to provide support for young learners?
- What resources are there for me to support my child's/children's early literacy skills?

Join us for this **free** training program where you will attend two workshops (one in the fall and one in the spring), receive a free take-home activity kit of early literacy materials, receive newsletters and follow-up support and resources. Commitment to the entire program is required for eligibility (Fall 2011 to Spring 2012). Early Childhood and Child Care Professionals will earn a total of 6 clock hours (4 in the fall, 2 in the spring) in Core of Knowledge – Curriculum, plus have the opportunity to earn a professional unit. Workshops will take place at Westminster Library, 50 East Main Street, Westminster, MD 21157. Trainers will be Dianne Black, Peg Pond, and Dorothy Stoltz from Carroll County Public Library. Light refreshments will be served.

Parents and Spanish-speaking parents: please join us on Saturday, August 27, 2011, 10 am – 12 noon, for Part I. Children's activities will be offered. Please give the age of your child(ren) if they will be attending. Part II spring workshop – to be announced.

Child Care Professionals who serve Carroll County: please join us on Saturday, September 10, 2011, 9 am – 1 pm, for Part I. Part II spring workshop – to be announced.

Early Childhood Professionals: please join us on Saturday, September 24, 2011, 9 am – 1 pm, for Part I. Part II spring workshop – to be announced.

***For more information and to register, please contact Peg Pond, 410-386-4450, x7731.
In Spanish, please contact Elena Hartley, 410-751-9001.***

Workshop Index

LOCATION KEY:

CCC-Child Care Choices Frederick
 CALV-Calvary United Methodist
 FCC-Frederick Community College

CCRC-Carroll County Resource Center
 MTAIRY-Mount Airy Daycare
 Family Child Care Start Up

Date	Title	Time	Location	Pg #
Wed, Sep. 7	Prenatal Development (12TC30)	6:30 PM	CCC	8
Wed, Sep. 14	Infant and Toddler Growth and Development (12TC31)	6:30 PM	CCC	8
Sat, Sep. 17	Understanding and Responding to Challenging Behavior (12CO ITP)	8:30 AM	FCC	12
Sat, Sep. 17	National Safety Council Basic First Aid (12TC32)	9:00 AM	CCC	19
Sat, Sep. 17	National Safety Council Infant/Child/Adult CPR (12TC33)	12:30 PM	CCC	19
Wed, Sep. 21	Infant and Toddler: Environments and Routines (12TC34)	6:30 PM	CCC	12
Thu, Sep. 22	Applying Developmentally Appropriate Practice Everyday (12TC35)	6:30 PM	CCRC	12
Mon, Sep. 26	Becoming Aware of Cultural Issues (12TC36)	6:30 PM	CCC	11
Tue, Sep. 27	Creating Partnerships with Families (12TC37)	6:30 PM	CCC	11
Tue, Sep. 27	Working with Children in Child Care Centers (12TC38)	6:30 PM	CCRC	16
Wed, Sep. 28	Infant and Toddler: Working with Parents (12TC39)	6:30 PM	CCC	16
Thu, Sep. 29	MSDE Accreditation Orientation (12COMSDE01)	7:00 PM	CCC	16
Sat, Oct. 1	Scientific Thinking Domain (12TC40)	9:00 AM	CALV	8
Mon, Oct. 3	Family Child Care: Effective Contracts and Policies (12TC41)	6:30 PM	CCRC	17
Tue, Oct. 4	Understanding Autism in the Preschool Program (12TC42)	6:30 PM	CCC	18
Wed, Oct. 5	Infants and Toddlers: Nutrition (12TC43)	6:30 PM	CCC	14
Wed, Oct. 5	Coloring Outside the Lines (12TC44)	7:00 PM	MTAIRY	13
Thu, Oct. 6	Families are Important (12TC45)	7:00 PM	CCRC	11
Sat, Oct. 8	National Safety Council Basic First Aid (12TC46)	9:00 AM	CCRC	19
Sat, Oct. 8	National Safety Council Infant/Child/Adult CPR (12TC47)	12:30 PM	CCRC	19
Tue, Oct. 11	Catch Me if You Can: The Art of Great Communication (12TC48)	6:30 PM	CCC	11
Wed, Oct. 12	Infants and Toddlers: Health (12TC49)	6:30 PM	CCC	14
Wed, Oct. 12	Blood borne Pathogens (12TC50)	7:00 PM	CCRC	14
Thu, Oct. 13	Emotions Matter! (12TC51)	6:30 PM	CCC	8
Sat, Oct. 15	National Safety Council Basic First Aid (12TC52)	9:00 AM	CCC	19
Sat, Oct. 15	National Safety Council Infant/Child/Adult CPR (12TC53)	12:30 PM	CCC	19
Mon, Oct. 17	Play Power, Strategies to Support Learning through Play (12TC54)	6:30 PM	CCC	8
Tue, Oct. 18	Child-Friendly Community Service Learning Project (12TC55)	7:00 PM	CCC	11
Tue, Oct. 18	The Maryland Child Care Credential(12TC56)	7:00 PM	CCRC	17
Wed, Oct. 19	Infants and Toddlers: Safety (12TC57)	6:30 PM	CCC	15
Wed, Oct. 19	Eco Healthy Child Care (12TC58)	6:30 PM	CCRC	15
Thu, Oct. 20	Cultural Competence (12TC59)	6:30 PM	CCC	11
Thu, Oct. 20	Developing the Leader Within (12TC60)	6:30 PM	CCRC	17
Sat, Oct. 22	Emergency and Disaster Preparedness (12TC61)	9:00 AM	CCC	15
Mon, Oct. 24	Understanding ADHD/ADD (12TC62)	7:00 PM	CCC	18

Date	Title	Time	Location	Pg #
Tue, Oct. 25	Family Child Care-Community (12TC63SU)	5:30 PM	CCRC	12
Tue, Oct. 25	Positive Child Guidance and Discipline Theory (12TC64)	6:30 PM	CCC	8
Wed, Oct. 26	Infants and Toddlers: Overview of Special Needs (12TC65)	6:30 PM	CCC	18
Thu, Oct. 27	Family Child Care-Child Development (12TC66SU)	5:30 PM	CCC	9
Thu, Oct. 27	Diversión con Matemáticas en el Área de Bloques (12TC67)	6:30 PM	CCRC	13
Sat, Oct. 29	Medication Administration (12TC68)	9:00 AM	CCC	15
Tue, Nov. 1	Family Child Care-Professionalism (12TC69SU)	5:30 PM	CCRC	17
Tue, Nov. 1	Maintaining a Peaceful Classroom (12TC70)	6:30 PM	CCC	9
Wed, Nov. 2	Infants and Toddlers: Assessment and Screening (12TC71)	6:30 PM	CCC	17
Wed, Nov. 2	Reacquainting Our Children with the Great Outdoors (12TC72)	6:30 PM	CCRC	13
Thu, Nov. 3	Controlling the Spread of Infections (12TC73)	7:00 PM	CCC	15
Sat, Nov. 5	Healthy Beginnings (12TC74)	9:00 AM	CCC	13
Sat, Nov. 5	Medication Administration (12TC75)	9:00 AM	CCRC	15
Mon, Nov. 7	Family Child Care-Curriculum (12TC76SU)	5:30 PM	CCC	13
Tue, Nov. 8	Infant Toddler Environmental Rating Scale Overview (12TC77)	6:30 PM	CCC	17
Tue, Nov. 8	Infant and Toddler SEFEL Mod. 3: Individual Interventions (12TC78)	6:30 PM	CCRC	9
Wed, Nov. 9	Infants and Toddlers: Community Resources for Infants (12TC79)	6:30 PM	CCC	12
Wed, Nov. 9	Making My Mark (12TC80)	6:30 PM	MTAIRY	9
Thu, Nov. 10	Family Child Care-Health, Safety and Nutrition (12TC81SU)	5:30 PM	CCRC	16
Sat, Nov. 12	Domain Training: The Arts (12TC82)	9:00 AM	CALV	9
Mon, Nov. 14	Professionalism in Child Care (12TC83)	6:30 PM	CCC	18
Tue, Nov. 15	The Window Through Which We Look (12TC84)	6:30 PM	CCC	13
Wed, Nov. 16	Infants and Toddlers: Personal and Social Development (12TC85)	6:30 PM	CCC	9
Thu, Nov. 17	Family Child Care-Special Needs (12TC86SU)	5:30 PM	CCC	18
Sat, Nov. 19	National Safety Council Basic First Aid (12TC87)	9:00 AM	CCC	19
Sat, Nov. 19	National Safety Council Infant/Child/Adult CPR (12TC88)	12:30 PM	CCC	19
Wed, Nov. 23	Infants and Toddlers: Language Development (12TC89)	6:30 PM	CCC	10
Tue, Nov. 29	Smooth Transitions (12TC90)	7:00 PM	CCC	14
Wed, Nov. 30	Infants and Toddlers: Cognitive Development (12TC91)	6:30 PM	CCC	10
Wed, Nov. 30	Social and Emotional Readiness for Kindergarteners (12TC92)	7:00 PM	CCRC	10
Thu, Dec. 1	MSDE Accreditation Orientation (12COMSDE02)	7:00 PM	CCRC	18
Thu, Dec. 1	Managing Seizures and Seizure First Aid (12TC93)	7:00 PM	CCC	16
Mon, Dec. 5	Culture, Development, and Learning (12TC94)	6:30 PM	CCRC	10
Wed, Dec. 7	Infants and Toddlers: Physical Development (12TC95)	6:30 PM	CCC	10
Thu, Dec. 8	Building a Cooperative Classroom (12TC97)	6:30 PM	CCC	14
Sat, Dec. 10	National Safety Council Basic First Aid (12TC98)	9:00 AM	CCC	19
Sat, Dec. 10	National Safety Council Infant/Child/Adult CPR (12TC99)	12:30 PM	CCC	19
Wed, Dec. 14	Infants and Toddlers: Problem Solving (12TC100)	6:30 PM	CCC	10

LOCATION KEY:

CCC-Child Care Choices Frederick
 CALV-Calvary United Methodist
 FCC-Frederick Community College

CCRC-Carroll County Resource Center
 MTAIRY-Mount Airy Daycare
 ■ Family Child Care Start Up

CHILD CARE CHOICES WORKSHOP REGISTRATION FORM
 263 W. Patrick Street • Frederick, MD 21701 301-662-4549 • 800-753-6841

Participant's Name: _____
 (Please Print)

I am a: Center/ Preschool Director Center/ Preschool Staff Center Name _____
 Family Child Care Provider Potential Family Provider Other _____

Home Address _____

 City State Zip Code County

Work/ Program Address _____
 (if different from above)

Home/ Evening Phone _____ Work/ Daytime Phone _____

Alternate/ Cell Phone _____ Email Address _____

WORKSHOP POLICIES

CCC's Registration Policies are outlined on page 7. By signing below, you are acknowledging that you have read and agree to abide by all of our registration policies.

Workshop Title	ID#	Date(s)	Fee
TOTAL			

WORKSHOP REGISTRATION PROCEDURES

Complete the enclosed registration form and return with a check, money order, or credit card information to:



Child Care Choices
 263 West Patrick Street
 Frederick, MD 21701

Make checks payable to Child Care Choices/MHA.
 Returned check fee is \$20; fees must then be repaid with cash, money order, or credit card.
 With a credit card you can register by phone at: 301-662-4549 or 1-800-753-6841 or by fax 301-695-4826.

PAYMENT INFORMATION

Payment By: Check/Money Order (enclosed): _____ (Make checks payable to Child Care Choices/MHA)
 Credit Card (Visa or Master Card ONLY) Payer Name _____
 _____ - _____ - _____ Exp. Date: ____/____
 Card Identification Number _____ (Last 3 digits on back of card)
 Signature _____
 (Credit Card statements will indicate **Frederick County Mental Health** as the merchant.)



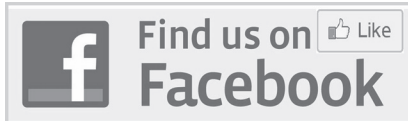
Child Care Choices
263 W. Patrick Street
Frederick, MD 21701



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“Child Care Choices is committed to promoting quality early care and education experiences for our children by providing a supporting link between parents, providers and the community.”

The Child Care Primer is a publication of Child Care Choices, a program of the Mental Health Association of Frederick County, a United Way Agency, and a member agency of the Maryland Child Care Resource Network with funding provided by the Maryland State Department of Education.